



Visit Cati at her website

www.myschoollunch.co.uk/caerphilly

You can enter competitions and win great prizes, play games and tell Cati what you think of your school dinners.

See you soon. 

Please check www.myschoollunch.co.uk/caerphilly for menu week details, and please check the website regularly for menu updates.

Caerphilly Catering Services reserve the right to change products subject to availability.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Sausages	Meatballs	Sliced Beef & Yorkshire Pudding & Gravy	Cottage Pie	Sea Stars / Cod & Salmon Fishcake
	Macaroni Cheese V	Pizza Margherita V	Sausage V	Burger in Bun V	Cheese Panini
Carbohydrates	Chipped Potatoes	Potato Swirls	Oven Baked Roast Potatoes	Mashed Potatoes	Chipped Potatoes Served with Ketchup
	Garlic Bread	Spaghetti in Tomato Sauce Herby Potato Bites	Mashed Potatoes	Potato Croquettes	Wedges
Vegetables (Salad Available Daily)	Baked Beans	Peas	Cabbage	Carrots	Baked Beans
	Broccoli Spinach	Coleslaw	Carrots Peas	Sweetcorn	Side Salad
Desserts of the day (Fruit Available Daily)	Chocolate & Orange Sponge with Custard	Artic Roll & Fruit Juice	Yoghurt	Caramel Apple Crumble & Ice Cream	Honey & Lemon Coolish & Fruit Juice



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